Fátima Trigueiros

Adviser to IDT's Executive Board and to the National Coordinator on Drugs, Drug Addiction and Alcohol Abuse Problems



IDT - Institute on Drugs and Drug Addiction which mission is to promote the reduction of the use of licit and illicit substances and the decrease of addictions.

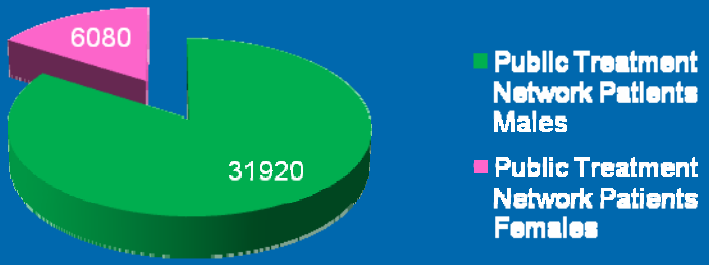
DAD.NET Project
Rome, 2, 3 & 4 March 2011

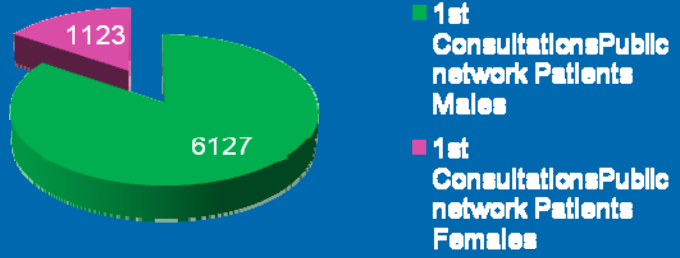
For any illicit drug, life prevalence and consumption on the last 30 days is lower among women

Life Prevalence				Last 30 Days			
General Population				Young Adults			
M	F	M	F	M	F	M	F
Cannabis							
18.4%	5.2%	4.6%	0.5%	25.1%	8.7%	8%	1%
Heroin							
1.8%	0.4%	0.3%	0.1%	1.8%	0.4%	0.5%	0.1%
Cocaine							
3.2%	0.7%	0.6%	0.1%	4.4%	1.1%	1.1%	0.2%
Ecstasy							
2.1%	0.4%	0.3%	0.1%	4.3%	0.8%	0.6%	0.2%

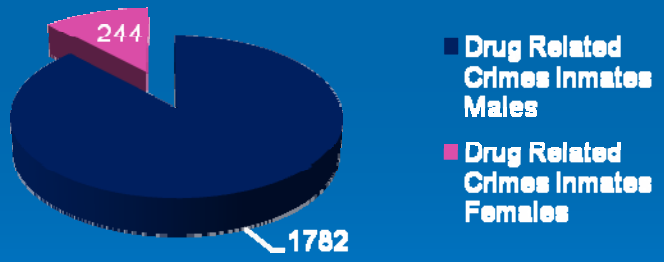
Source: Annual Report 2009, IDT (2010)

Women Treatment and Prison Data in 2009





26% of total inmates



Drug related inmates: production, trafficking or possession of quantities of more than 10 days average use

Source: IDT's Activities Report and Annual Report 2009, IDT (2010)

Special Programs and Best Practices Targeted at Women

- Priority for Pregnant Women (and their partners) in all outpatient Treatment Programs
- Inpatient Treatment Programs for Pregnant Women and Mothers with young Babies
- Prevention Program “Me and the Others”, 8 interactive games one of which has a young girl as the main character

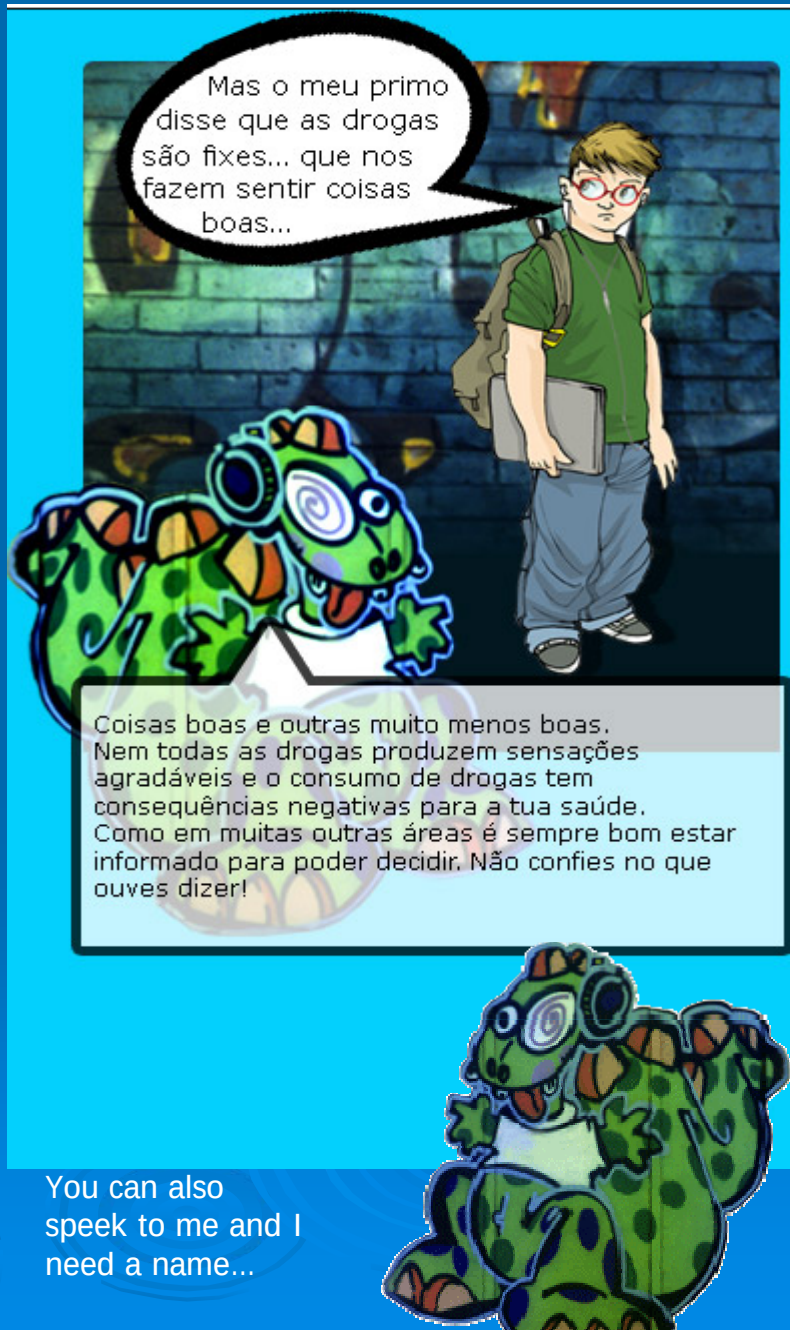


For Kids

Cartoons

- What are drugs?
- Why say ‘No’





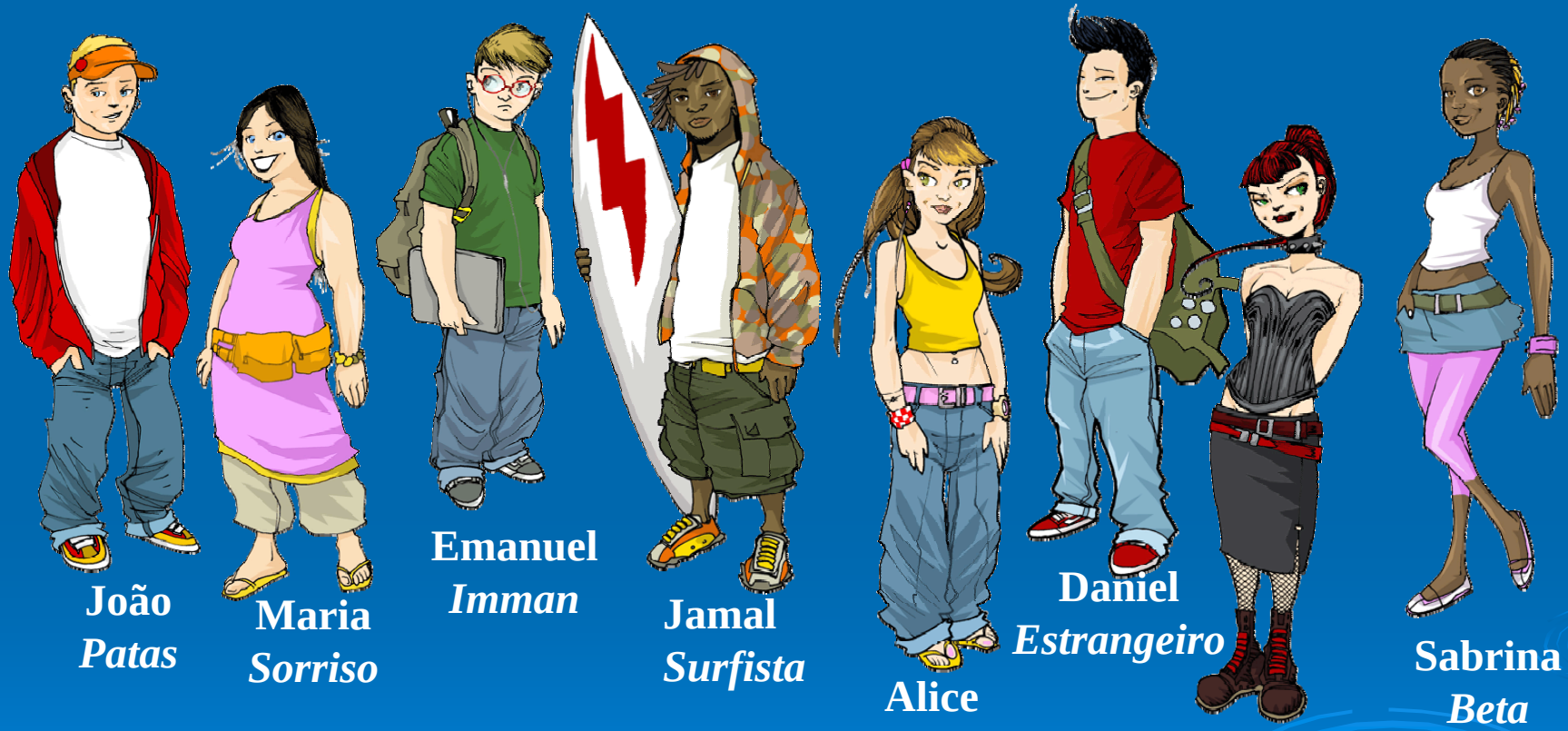
You can also speek to me and I need a name...

Me and the Others

Being school a privileged space in the preventive approach, an area/channel inside the www.tu-alinhas.pt website was created to work in this context the drugs and drug addiction field.



Family Photo



João
Patas

Maria
Sorriso

Emanuel
Imman

Jamal
Surfista

Alice
Fashion

Daniel
Estrangeiro

Catarina
Gótica

Sabrina
Beta

Thank you for your attention

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- Acknowledgments:
  - Patricia Pissarra, Community Intervention Department
  - José Pádua, Clinical Director, Treatment and Reintegration Department

CENTRAL SERVICES

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